

Slender World®

What does it mean for a woman to feel good?

Let's go back 30 years at the inception of Slender World. Christine recognized the need for a place where women would regroup to discuss various concerns that could be addressed in a candid, respectable and humoristic way, to connect and to validate each other's concerns. Losing weight is a health concern. Being of an appropriate size is always valid. Keeping skin taut while losing is also acceptable, and surely a desired expectation.

Slender World delivered the 3 points.

All our body wraps have a patent, so do the home products. Simone Perrine and Albright, local lawyers, took care of necessary legal affairs. Our imported raw product is the results of European connections – long-standing credits and the knowledge of French and German facilitated the international supplies.

Our weight loss program has a biochemist on retainer for the last 25 years – personalized individualized meal plans unique to you. No Charge! Treadmill stationary bike and mild aerobics are available all day. We are open from 9 AM until 8 PM.

Our clients are usually referrals from area doctors. Dr. Brooks, Kresnicka, Noyes, Barry and recently Dr. Sunny Kim, who signed up his wife, to expedite the baby fat left over while needing to eat properly, still breastfeeding – amazing results. Testimonials like these are earned, not just given away for no achievement.

Slender world is not a Franchise – solely owned and operated – no need to ask for guaranteed results – 30 years of success doesn't require this question.

Contact with previous clients, now in business (hotel, spas) in Colorado, California, Toronto and yes, Wasilla, Alaska – Sarah Palin's home town are all in touch with Slender World, asking to supply them with our format and inventory for the wraps. Again – decision! It's exploding in all directions. Tye, a friend, took my husband and I to supper to ask to open a franchise in Naples, Florida, where women's looks are a year-round concern and appreciated.



Christine Sain-Heires

The Slender World program may be eligible for your FLEX account or tax deduction – remember to gain your doctor's direction on this.

Who are our clients?

Donna: Hip and knee replacements lost 50 pounds and 80 inches and is very happy.

Barb: Hip/knee replacement and cancer. Lost 50 pounds and 86 inches. And again those who need a smooth firmer body with no weight loss. Those who are envied never pitied. If you can't see it, it doesn't exist – WRONG!

Remember the best coaches are those with real limitations. Rheumatoid arthritis, spinal problems and Crohn's Disease are consuming chronic health issues and if not armed with

a positive disposition the accessibility of my own patented body wraps, staying fit would be very hard to attain.

Again we lose advice, but approval is preferred – ha!

Call me, Christine, to visit the clinic, we can talk any time. It's a win-win proposition.

Slender World's cookbook, Sinless Recipes of Iowa, is now in its 5th printing! A locally-produced cookbook with healthy recipes, pictures, and stories from Slender World clients. Cover art is by late Iowa nature artist, James Landenberger. Now available at Slender World, www.slenderworld.biz and Amazon.com.

Remember, our 5-week program can help you to lose up to 2 pants sizes. Beware of cheap imitations – 20 years ago, body wraps were not available anywhere else. Former Slender World employees (trained by me) have tried to duplicate the Slender World program, but have not even come close.

Don't let the feeling of entitlement that some people have – credit needs to be deserved, not stolen. Hopefully, some will understand that respect is earned, not to ride on others' success. Just looking for fairness. You get out of anything what you put in.